



siemermilling.com

Siemer Milling Company

111 W. Main St. Teutopolis, IL 62467
315 Quintin Court Hopkinsville, KY 42240
(217) 857-3131



siemerspecialtyingredients.com

Nutrient Content Per 100 grams.

Product Name:	Stabilized Wheat Germ	Date:	2023-2024
Company:	Siemer Milling Company		
Address:	PO Box 670, Teutopolis, IL 62467		
Phone:	217.857.3131	Fax:	217.857.3092
Mill Location:	Teutopolis, IL		

Reported on as is basis.

Calories	399	Kcal	Fat	9.72	g
Moisture	10.5	g	Saturated	1.665	g
Protein	25.4	g	Monounsaturated	1.365	g
Ash	4.20	g	Polyunsaturated	6.010	g
Carbohydrates	50.18	g	Trans Fatty Acid	0.0	g
Sugars	0.0	g	Cholesterol	0.0	mg
Added Sugars	0.0	g			
Total Dietary Fiber	13.2	g	Calcium	39.0	mg
Vitamin A	0.0	IU	Iron	6.26	mg
Vitamin C	0.0	mg	Magnesium	239.0	mg
Vitamin D	0.0	mcg			
Thiamin	1.882	mg	Phosphorus	842.0	mg
Niacin	6.81	mg NE	Potassium	982.0	mg
Riboflavin	0.50	mg	Sodium	12.0	mg
Pantothenic Acid	2.257	mg	Zinc	12.29	mg
Vitamin B 6	1.300	mg	Copper	0.796	mg
Folic Acid	0.000	mg	Manganese	13.300	mg
Vitamin B 12	0.000	mcg	Selenium	79.2	mcg
Vitamin E	18.500	mg	Caffeine	0.0	mg

g = gram | mg = milligram | IU = International Units | NE = Niacin Equivalent

Ingredient Legend: Wheat Germ

Prepared By: Jodi Cole, Product Performance and Food Safety Manager