



siemermilling.com

Siemer Milling Company
111 W. Main St. Teutopolis, IL 62467
315 Quintin Court Hopkinsville, KY 42240
(217) 857-3131



siemerspecialtyingredients.com

Nutrient Content Per 100 grams.

| | | | |
|-----------------------|----------------------------------|--------------|--------------|
| Product Name: | Stabilized Wheat Germ | Date: | 2019-2020 |
| Company: | Siemer Milling Company | | |
| Address: | PO Box 670, Teutopolis, IL 62467 | | |
| Phone: | 217.857.3131 | Fax: | 217.857.3092 |
| Mill Location: | Teutopolis, IL | | |

Reported on as is basis.

| | | | | | |
|---------------------|--------|-------|------------------|--------|-----|
| Calories | 399 | Kcal | Fat | 9.72 | g |
| Moisture | 10.5 | g | Saturated | 1.665 | g |
| Protein | 25.4 | g | Monounsaturated | 1.365 | g |
| Ash | 4.20 | g | Polyunsaturated | 6.010 | g |
| Carbohydrates | 50.18 | g | Trans Fatty Acid | 0.0 | g |
| Sugars | 0.0 | g | Cholesterol | 0.0 | mg |
| Added Sugars | 0.0 | g | | | |
| Total Dietary Fiber | 13.2 | g | Calcium | 39.0 | mg |
| Vitamin A | 0.0 | IU | Iron | 6.26 | mg |
| Vitamin C | 0.0 | mg | Magnesium | 239.0 | mg |
| Vitamin D | 0.0 | mcg | | | |
| Thiamin | 1.882 | mg | Phosphorus | 842.0 | mg |
| Niacin | 6.81 | mg NE | Potassium | 982.0 | mg |
| Riboflavin | 0.50 | mg | Sodium | 12.0 | mg |
| Pantothenic Acid | 2.257 | mg | Zinc | 12.29 | mg |
| Vitamin B 6 | 1.300 | mg | Copper | 0.796 | mg |
| Folic Acid | 0.000 | mg | Manganese | 13.300 | mg |
| Vitamin B 12 | 0.000 | mcg | Selenium | 79.2 | mcg |
| Vitamin E | 18.500 | mg | Caffeine | 0.0 | mg |

g = gram | mg = milligram | IU = International Units | NE = Niacin Equivalent

Ingredient Legend: Wheat Germ

Prepared By: Jodi Cole, Product Performance and Food Safety Manager